WHAT IS BLINKING OF EYES?

Blepharospasm is a muscle disorder that causes involuntary spasms of the muscles around your eye. These spasms can result in uncontrolled and excessive blinking, eye twitching, or closing of your eyelids which can impair your vision, and make everyday tasks such as driving, reading or using a computer difficult.

REASONS OF BLINKING OF EYES

If the blinking or eyelid twitching does not respond to treatment, one possible cause is an eye dystonia (the medical term for this is Blepharospasm). Symptoms include increased blinking and involuntary closure of the eyelids. Also sometimes the eye feels tired or dry or the eyelid heavy.

SYMPTOMS OF BLINKING OF EYES

- Dry or watering eyes.
- Light sensitivity.
- Increased blinking.
- Eye pain and soreness.
- Irritation and discomfort of the eyelids.
- Frequent eye movements.

NEUROTHERAPY TREATMENT

P – **Heparin** twice a week